

WHITE



STRIP-QUILTED PILLOWS

Created especially for White

Let the fabric color influence your quilting design. The two pillows shown above were sewn using complimentary yellows and blues. The design takes on a different look on each just by the color placement – lights and darks next to each other or designed with a gradation of color. It's a fun way to sew and design. Be creative, let your imagination be your guide!

SUPPLIES:

One 16" pillow form

1/4 yard each of cotton fabrics (coordinating prints number determined by design)

1 1/4 yards of cotton fabric (primary print)

One 17" square of fusible batting

One 17" square of unbleached cotton muslin

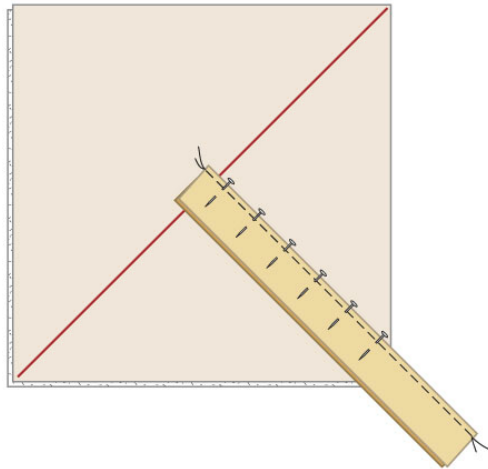
Rayon thread

Pencil

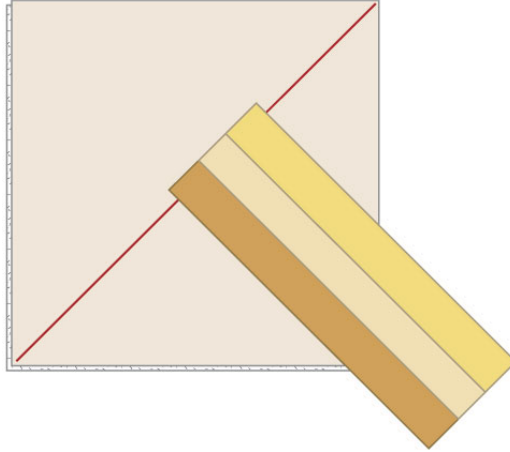
Ruler

INSTRUCTIONS:

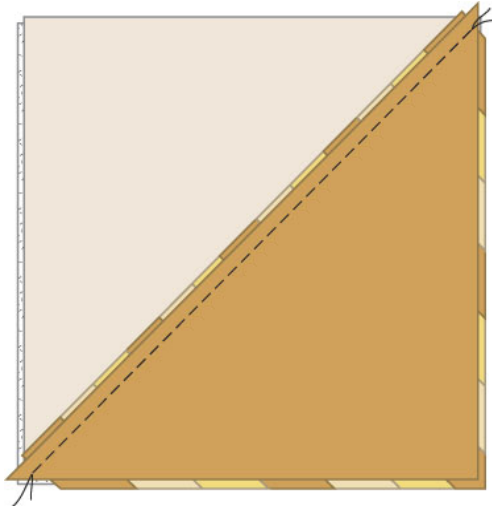
1. Cut the 1/4-yard pieces into strips, 2" x the width of the fabric.
2. From the primary print, cut two 17" x 13" rectangles; one 17 1/2" square (cut on the diagonal into two triangles); and three strips, 6" x the width of the fabric.
3. Fuse the batting to the wrong side of the muslin square. Draw a line on a diagonal from one corner to the opposite corner.
4. Determine the color pattern for your pillow top and with right sides together, pin two 2" strips in the center of the muslin at a right angle to the marked line leaving 1/2" of the strips above the line. Sew the strips through all layers using the 1/4" foot and a 1/4" seam allowance. Trim any excess fabric.
(NOTE: If you experience shifting of the fabric as you sew, use the walking foot instead of the 1/4" foot.)



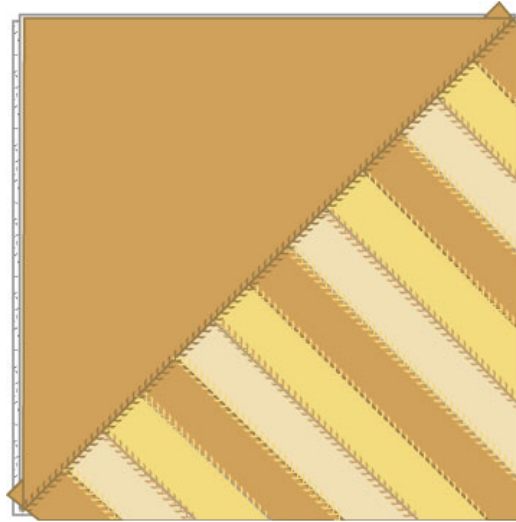
5. Open the strips and gently press. With right sides together, place another strip on top of one of the sewn strips matching the edges. Sew in the same manner as above. Open the strip and press.



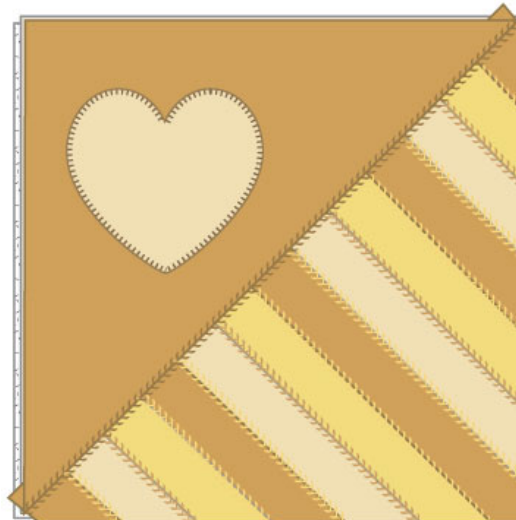
6. Continue adding strips to both sides of the first strip in the color pattern you selected to complete one side of the pillow top.
7. With right sides together, lay one triangle (cut from the 17 1/2" square) on top of the strip-quilted section matching the diagonal line. Sew along the diagonal edge using a 1/4" seam allowance and the 1/4" foot.



8. Open out the triangle and press flat. Using a decorative stitch of choice, such as the feather stitch, and rayon thread, stitch along the seamline between the strips and across the diagonal seam.



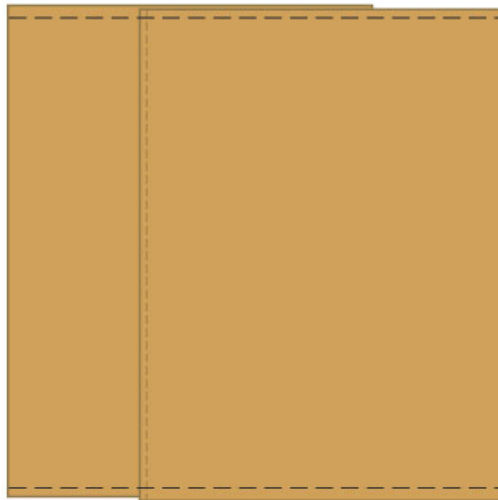
9. On the plain triangle section, stipple quilt meandering across the entire section. Or applique a heart (as seen here) or another design of your choice. Outline the applique with a slant applique or feather stitch.



10. With right sides together, stitch the 6" strips together end to end for the ruffle. Press the seams open. Press the pieced strip in half lengthwise, wrong sides together, making a 3"-wide strip.
11. Using the longest stitch length or gathering stitch, the gathering foot and starting 1" from one end, stitch along the open edge through both layers to the other end stopping 1" from the end. (NOTE: Hold your finger behind the

presser foot allowing the fabric to gather up as you sew. Adjust the upper tension if necessary.)

12. Pull the gathering threads to gather the ruffle to fit the outer edge of the pillow top if necessary. Pin the ruffle to the edge leaving 1" free at the beginning. With right sides together, stitch the ends together, press open the seams and adjust the gathers to fit the edge. Baste the ruffle to the pillow top.
13. Clean-finish the 17" edge with a 3-thread stitch on your serger on each of the 17" x 13" rectangles. Turn in a 1/2" hem along each of these edges. Stitch each hem in place.
14. To form the back section, with right sides up, overlap the rectangles with the finished edges toward the center and creating a 17" square. Baste the two pieces together along each edge.



15. Pin the pieced pillow top to the back section, right sides together making sure the ruffle is on the inside. Stitch around the outside edge using a 1/2" seam allowance.
16. Turn to the right side and insert the pillow form.